

Periodontal Treatment

Basic Treatment

Your mouth serves as the entrance for both your digestive system and respiratory system (for taking in energy and oxygen). When you experience problems with your stomach or intestines, it can lead to a sore tongue or frequent mouth ulcers. If your overall health takes a hit, you might even develop something called 'cold sores' or 'oral herpes.' Your mouth is like an early warning system for your body.

Inside your mouth, there's a community of tiny organisms called oral bacteria. When the balance of these bacteria gets disrupted, it can lead to gum disease, which is known as 'periodontal disease.' Gum disease doesn't just affect your teeth; it can also have an impact on your overall health, such as increasing the risk of diabetes, heart problems, and obesity.

In our basic gum disease treatment, our specialized team conducts thorough examinations that are on par with what you'd receive at a university-affiliated hospital. We'll explain the condition of your mouth to you in detail. We can also check if the bacteria causing gum disease are present in your mouth using a saliva test, and you'll receive the test results the same day.

By learning about the fundamentals of protecting your own body and removing the underlying causes, we can help alleviate your symptoms and keep you healthier in the long run.



Advanced Treatment

When basic periodontal treatments don't provide sufficient results, we may recommend advanced treatments. In these cases, we use specialized techniques to target bacteria deep within your gums. We employ advanced periodontal surgery, which combines the use of a microscope and medical lasers to more effectively eliminate these hidden bacteria.

Additionally, if the condition of your remaining gum tissue meets certain criteria, we can offer a treatment known as 'periodontal regeneration therapy.' This treatment is designed to restore the gum tissue lost due to gum disease more effectively than conventional periodontal surgery. Periodontal regeneration therapy involves methods such as bone grafting, tissue regeneration techniques, and the use of growth factors. We can also offer advanced medical treatments that use concentrated bone marrow aspirate in collaboration with our affiliated Yokohama Clinic, a regenerative medicine facility.

Depending on your specific needs, you may have the option to stay in our care and receive specialized oral healthcare from our expert staff.



Cosmetic and Functional Restoration Treatment

Improper tooth brushing, bite alignment issues, or gum loss after orthodontic treatment can sometimes affect the appearance and functionality of your teeth and gums. Anatomically correct gums play a crucial role not only in aesthetics but also in chewing your food properly.

Before proceeding with denture treatment, we can create comfortable dentures by first shaping the proper gum support known as 'denture support.' This helps ensure that your dentures fit well and don't cause discomfort.

A beautiful smile not only brightens your own life but also brings joy to your loved ones and friends. When the gums around your visible teeth recede, it can make you look up to 10 years older. If you meet the necessary criteria through a precise examination by our specialized staff, we can use your own gum tissue or artificial materials to perform a precise surgical procedure under a microscope, effectively restoring the receded gums and enhancing your smile.



Regular Maintenance

Your mouth is home to a third ecosystem of bacteria, and an imbalance in this bacterial community can not only lead to gum disease but also affect your overall health. Research has shown that even after successfully treating gum problems, if the balance of these bacteria isn't maintained, gum disease can come back.

To keep your gum tissues healthy, it's essential to maintain proper daily oral hygiene through regular brushing and flossing. But that's not all; regular care by specialized staff is also crucial. Studies have shown that receiving regular maintenance can increase the survival rate of your teeth.

Certain areas in your mouth, like between teeth and around the roots, are challenging to clean effectively with your daily routine. That's where gum disease specialists and dental hygienists certified by the Periodontal Disease Society come in. They'll help manage these hard-to-reach areas.

The regular maintenance includes precision examinations (including X-ray assessments) for early disease detection, specialized oral cleaning by dental hygienists, checking and explaining how to address areas with poor cleaning, cleaning inside gum pockets, and administering antibiotics when needed.



Relationship Between Gum Disease and General Health

For a long time, it has been known that your overall health can affect the development and progression of gum disease. Since the 1990s, it has become evident that gum disease is not just a condition that causes tooth loss, but it is also associated with various other illnesses such as diabetes, obesity, cardiovascular diseases, chronic kidney diseases, and aspiration pneumonia. Additionally, there have been reports suggesting that gum disease bacteria may play a role in the development of colorectal cancer and dementia.

Your mouth serves not only as the entry point for nourishment and oxygen but also as a host to a unique ecosystem of bacteria that can impact your overall health. Disruptions in this bacterial community can affect not only gum disease but also your general health.

In our clinic, we provide medical and dental collaboration treatments at a level equivalent to that of university-affiliated hospitals. Please feel free to consult with us about any concerns you may have.

